



## Informed Consent for Testosterone Replacement Therapy

Patient: \_\_\_\_\_ DOB: \_\_\_\_\_ Date: \_\_\_\_\_

Testosterone replacement therapy includes use of products such as injectable Depo-Testosterone and Testosterone Cypionate as well as topical products including Transdermal Testosterone Patches and Transdermal Testosterone Gel.

Testosterone replacement is approved for cases of primary hypogonadism as well as hypogonadotropic hypogonadism. Other uses may be considered off label. The safety and efficacy of testosterone supplementation for off label use is not established.

### **Contraindications:**

You should not use testosterone if you have any of the following:

- Known hypersensitivity to the drug
- Breast cancer
- Prostate cancer
- Serious Heart, Liver, Kidney Disease
- Women who are or may become pregnant

### **Potential risks associated with testosterone use include, but are not limited to:**

- Application site or injection site reactions
- Injury to Muscle, Blood Vessel, or Nerves caused by injection
- Blood Clots which could lead to Heart Attack, Pulmonary Embolism, or Stroke
- Polycythemia
- Exacerbation of Congestive Heart Failure or Edema
- Enlargement of the Prostate
- Worsening of Prostate Cancer
- Worsening of Sleep Apnea
- Depression or Anxiety
- Gynecomastia (male breast enlargement)
- Elevated PSA
- Elevated Cholesterol
- Moodiness, Irritability, Aggression
- Urinary Retention
- Male Pattern Hair Loss
- Acne
- Elevated Calcium Levels
- Hepatitis (prolonged high-dose use)
- Hepatocellular Cancer (prolonged high-dose use)
- Virilization of Women or Children unintentionally exposed to transdermal products

Laboratory tests required prior to initiating testosterone treatment, and during regular follow-up and management during the course of testosterone treatment, include:

Testosterone level, PSA, Blood Count (CBC), Blood Sugar, Cholesterol, Thyroid, Calcium.

Testosterone containing medications are a controlled substance as designated by the DEA and should be stored in a safe and secure place to prevent unauthorized access and use. Keeping this medication in a lock box, locked cabinet, or safe is recommended. It is against federal regulation to sell, share, or distribute this prescription to anyone for whom it has not been prescribed.

Regarding injectable testosterone products, Fenton Medical Center will not administer injections if the bottle appears to have been opened or tampered with in any way.

Failure to comply with required follow-up appointments and monitoring, including follow-up lab work, will result in termination of therapy.

I have reviewed the risks and side effects of associated with use of Testosterone containing products. I have had the opportunity to ask and have questions answered. I consent to initiating/continuing treatment with Testosterone containing products. I agree to notify the office immediately if I suspect any adverse reaction or side effects from treatment.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

